



Distington Community School - SMSC – Physical Education

Spiritual development in PE:

During the range of activities/after school clubs that children can participate in, children can develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Children should be consistently encouraged to use their imagination and creativity in their learning, and showcase a willingness to reflect on their own and others experiences.

Examples of Spiritual development in Physical Education:

- Explore, creativity through producing Dance and Gymnastic routines.
- Creating and developing own attacking and defensive set plays and tactics.
- Reflecting and critiquing their own and others performances.
- Displaying emotions through their Dance and Gymnastics routines.
- Questioning students throughout lessons .

Moral development in PE:

PE in general teaches children about code of conduct, etiquette, handshake before and after matches, applauding the opposition, fair play, unwritten rules and sportsmanship. Children should abide by the rules and regulations, gaining a good understanding of rules of sport and the importance of infringements such as penalties and red cards allow students to understand the consequences of their actions which in turn helps children apply this understanding to their own lives. The concepts of self-discipline to excel are essential. Children should be taught that the only way you can achieve in sport to a high standard is if you work hard and if you can discipline yourself to train and apply yourself.

Examples of Moral development in Physical Education:

- Promoting fair play and team work in lessons
- Encouraging good sportsmanship throughout
- Respecting equipment - when using it and when storing it
- Following instructions and decisions made by staff/coaches. Abiding by the rules, in all sporting situations.
- Respect for their facilities and the environment they are active in
- Listening to teacher and peer feedback on particular sporting skills
- Promoting trust with peers through team building activities
- Using students as sports leaders (Year 5 and 6 sports leader training)

Social development in PE:

The willingness to participate in a variety of social settings, cooperating well with others and being able to resolve conflicts effectively are all examples of social development in PE. Children can also develop their friendship and social mixing through involvement in inter-school competitions and after school clubs.

Examples of Social development in Physical Education:

- Creating a sense of community in lessons and clubs.
- Interaction with the community and primary schools through local competitions.
- Encouraging students to recognise and respect social differences and similarities.
- Celebrating sporting success both in and out of school.
- Using sports leaders to run clubs and activities (Training year 5 and 6 currently)
- Promoting team work throughout lessons supporting one another to develop their skills in a cooperative situation.

Cultural development in PE:

During PE we can encourage a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

Examples of Cultural lessons in Physical Education:

- Learning about the developments of sports in different countries.
- Learning where different sports originate from and what the national sports of different countries are.
- World Cups and Olympic games.
- Exploring and respecting a variety of different cultural dances.
- Gaining an understanding of different sports and their foundations.